



THE WELLAND TROPHY TIME TRIAL

Supported by **ECHELON Cycles**, 124 High St, Pershore WR10 1EA 01386 550606
(PROMOTED FOR AND ON BEHALF OF CYCLING TIME TRIALS UNDER THEIR RULES AND REGULATIONS)

SATURDAY 10 APRIL 2021, STARTING AT 14:00 HRS
COURSE K47/15, CASTLEMORTON

EVENT ORGANISERS:

Mike Amery, 18 Giffard Drive, Welland, Worcestershire WR13 6SE Tel: 01684 310168 mikeamery58@gmail.com
Alan Colburn, The Willows, Jury Lane, Martley WR6 6PE Tel: 01886 888575 / 0755 428 4607 alan.colburn@martley.org

TIMEKEEPERS: Mrs Susan Kelly and Mr Charlie Barnett

EVENT HEADQUARTERS: Welland Village Hall WR13 6NE, at the crossroads of the A4104 and the B4208. Hall open from 12:30 hrs.

COURSE DETAILS:

Start on B4208 at entrance to Broatch Farm approx 400m north of Welland church. **[Keep off the road while waiting to start]**
Proceed south on B4208 through Welland village. **[Take care through staggered crossroads and past parked cars]**
Turn left at Rye Cross junction onto A438 towards Tewkesbury (3.43 miles).
Turn left at Long Green junction with B4211 towards Upton upon Severn (8.58 miles).
Proceed through Longdon and turn left at Tunnel Hill junction with A4104 **[take care]** (13.03 miles) and proceed to Welland.
Finish opposite a field entrance with a metal gate, adjacent to a telegraph pole marked 2A and approximately 50m beyond Hook Grange cul de sac (15.03 miles).

NOTES:

- When you sign on, please indicate whether you are riding for the VTTA or BMCR for the team prize (if you are a member of both, you can choose which you ride for), and whether you are riding a road bike*.
- In the interests of your own safety, Cycling Time Trials and the event promoters strongly advise you to wear a hard shell helmet which meets an internationally accepted safety standard. This is mandatory for riders under age 18.
- Your bike must be fitted with a working rear light.
- Please do not use the course to warm up once the event has started. No U-turns in sight of the start or finish.
- Give way to traffic at junctions if you do not have right of way. Marshals have no authority to stop traffic.
- Please return your number to the event HQ and **sign out**.

SPECIAL ARRANGEMENTS TO MEET COVID 19 REGULATIONS:

Attendance - You should not compete, or even attend, if you, or anyone with whom you have been in close contact in the last 7 days, has been tested positive for Covid 19 or is displaying symptoms.

If you develop symptoms within 7 days of the event you **must** contact the Test, Track and Trace system.

General measures to reduce the risk of transmission:

- Wear a face mask when you are inside the HQ.
- Maintain the social distancing rules – 2 metres if possible, minimum '1 metre plus'
- Do not congregate outdoors in any group larger than 6 people
- Take all reasonable steps to reduce the possibility of physical transfer of infection, by hand-washing, use of hand sanitizers and minimising shared contact with objects.

Car parking - Social distancing rules should be followed in car parking areas. Warming up on static trainers should only take place if there is enough room for social distancing to be maintained.

Access to the HQ - There will be a one-way system in operation in the village hall, due to narrow corridors, with separate entrance (front door) and exits (side and rear doors).

Signing-on (opens at 12:45) – Outside the Village Hall. Please wait at 2 metres + until the previous rider has finished. Please bring your own pen and safety pins.

Changing - Please change discreetly outdoors or in your vehicle.

Toilets in HQ – Max 2 people in the room at any time. Please keep your distance if you're waiting in the corridor or outside.

Starting area - There will be no pusher-off. Please keep your distance from each other as you wait, and do not arrive at the start area more than 3 minutes before your start time (the start is 2 minutes ride from the HQ).

Overtaking other competitors - The normal rules for time trials apply: if you are overtaken by another rider you must allow a gap of 30-50 metres and must not re-pass unless you can sustain your pace. In addition, you should not pass within a metre when overtaking.

Take-away refreshments - will be served outdoors, at the front of the hall or on the paved area behind the hall, with appropriate hygiene and distancing measures. Please do not congregate around the serving area.

Results – There will be no results board. We plan to send out results electronically in batches by email during the course of the event. In any case, we will email the full results out later the same day. They will also be posted on the CTT, BMCR and VTTA websites.

PRIZES:

	1 st	2 nd	3 rd	4 th	5 th
Men on actual times	£30	£25	£20	£15	£10
Women on actual times	£30	£25	£20	£15	£10
Vets on VTTA standards	£30	£25	£20	£15	£10
Juniors on actual times	£20 Voucher				
Road bike* on VTTA standards	£20 Voucher	£10			
Tricycles on actual times	£20 Voucher	£10			

Team Prize (The Welland Trophy) based on best 8 results on vets standard from VTTA and BMCR members - £15 per rider (this formula may be changed on the day depending on numbers riding)

One prize per rider, except for team prize

*Road bike is defined as: wheels no more than 50mm section, no aero bars, no pointy hat.

There will be no prize presentation. Prizes will be sent to winners by BACS/post within a few days.

The **Veterans Time Trials Association** was founded in 1943 and is for anyone 40 years of age and over who has an interest in cycle racing, and specifically in time trialling. For administration the Association is divided into 16 groups, based around geographical areas. Through these groups the VTTA organises time trials at all distances across the country. There are Individual Challenges, National Competitions, Local Competitions, and Social Events.

British Masters Cycle Racing was founded as the League of Veteran Racing Cyclists in 1986 to provide a programme of competitive and social cycling events for male and female members of 40 years and over. Most of its events are road and circuit races where riders compete against others in their own age group. Other events include time trials, track competitions, hill climbs and cyclo-cross races. National Championships are held in all these disciplines, as well as a national and regional season-long series of road races.

The **Welland Trophy time trial** was first run in 2015 and was the first event run jointly by the LVRC and VTTA in order to bring our members together in a competitive event, and to understand better each other's organisations and activities.

With thanks to members of VC Sevale, Team Echelon, and other friends, for timekeeping, marshalling and other help.